



SINS INVALIDS 10 principles of disability justice

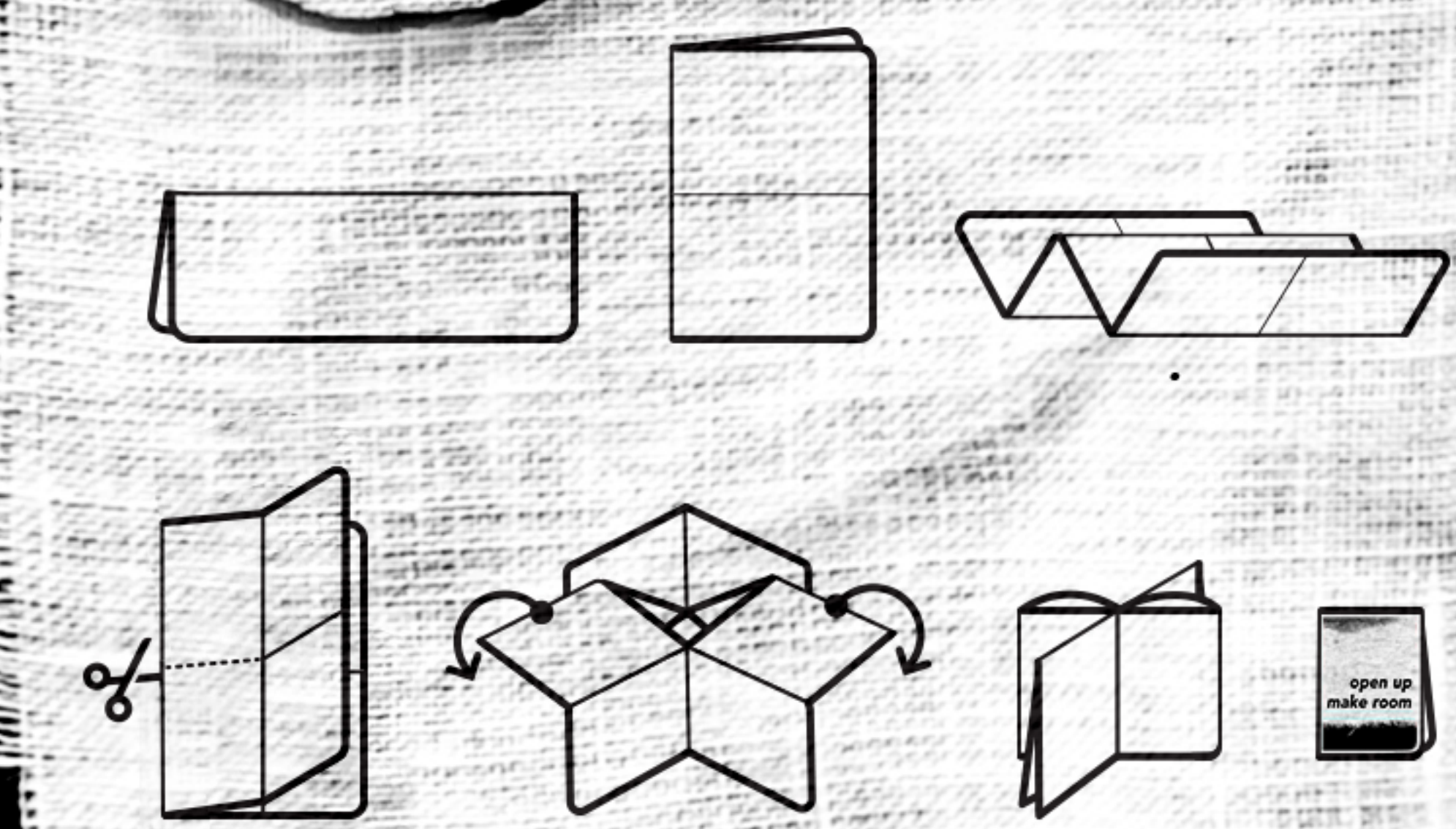
Citations & Resources

For detailed folding instructions, Citations & a Plain-Text PDF, visit: [CHELSEYCAMPBELL.COM/RESOURCES](http://CHELSEYCAMPBELL.COM/RESOURCES)

You will need scissors to complete the instabook folding instructions.

Begin folding with this side facing out.

how to fold this book:



open up  
make room

### Open up. Make room. Let the circle grow.

• AURORA LEVINS MORALES

This zine centres the wisdom and radical dreams of the Disability Justice movement. An exploration and amplification of the brilliant care work and crip kinship practiced by Indigenous, Black, Brown, immigrant, working class, trans, queer disabled bodyminds.

Words and ideas build community. Your hands, through the act of folding and holding this zine, are now part of a collective. A tender thread in a network of care that dreams of radical access. Hold these ideas close. Let your body lead. Listen. Tenderly, tenderly. **OPEN UP. MAKE ROOM.**

### IN SEARCH OF SPACES OF GRACE.

If you haven't heard the word 'crip' before, it's a privilege to introduce you to some queer disabled magic! Crip is a reclaimed word. A political act of claiming each other and acknowledging the joys and hardships our queer disabled bodyminds encounter in capitalist systems that claim we are not worthy of being seen, heard, safe.

To crip is to dream of radical new futures. Spaces where intersectional, queer, gender non-conforming, sick, chronically ill, mad, neurodivergent, d/Deaf, disabled, beautiful bodyminds are treated as worthy and perfectly whole exactly as they are. Places where our bodies can rest and centre the care we all need and deeply deserve. Where all of us can not just survive but collectively thrive.



REST HERE AWHILE WITH ME

During our time together, please listen to your bodymind. Feel free to sit, stand, move, shift — whatever makes you feel authentically present and cared for. Breathe, deeply. Take a moment. Take all the time you need. Rest, and savour the strength in this softness.

Rest is resistance. To rest, to save each spoon as if precious, is to unravel from systems that demand we consume more, produce more, and work more. Rest holds space for our daydreams, a place for radical new ideas to flourish. We dream out loud, we dream without shame, we dream of new crip worlds to hold and be held.

**INTERSECTIONALITY** "We do not live single issue lives" —Audre Lorde.

**LEADERSHIP OF THOSE MOST IMPACTED** "We are led by those who most know these systems." —Aurora Levins Morales

**ANTI-CAPITALIST POLITIC** In an economy that sees land and humans as components of profit, we are anti-capitalist by the nature of having non-conforming body/minds.

**COMMITMENT TO CROSS-MOVEMENT ORGANIZING** Shifting how social justice movements understand disability and contextualize ableism, disability justice lends itself to politics of alliance.

**RECOGNIZING WHOLENESS** People have inherent worth outside of commodity relations and capitalist notions of productivity. Each person is full of history and life experience.

**SUSTAINABILITY** We pace ourselves, individually and collectively, to be sustained long term. Our embodied experiences guide us toward ongoing justice and liberation.

**COMMITMENT TO CROSS-DISABILITY SOLIDARITY** We honor the insights and participation of all of our community members, knowing that isolation undermines collective liberation.

**INTERDEPENDENCE** We meet each others needs as we build toward liberation.

**COLLECTIVE ACCESS** We bring flexibility and creative nuance to be in community with each other.

**COLLECTIVE LIBERATION** No body moving together can we accomplish the revolution we require.

**THE CARE COLLECTIVE** The Care Manifesto: The Politics of Interdependence

**LEAH LAKSHMI PEEPZNA-SAMARASINHA** Care Work: Dreaming Disability Justice

**SHAYDA KAFAL** Crip Kinship: The Disability Justice & Art Activism of Sins Invalid.

**JOHANNA HEDVA** Sick Woman Theory [johannahedva.com](http://johannahedva.com)

**MIA MINGUS** [leavingevidence.wordpress.com](http://leavingevidence.wordpress.com)

**TRICIA HERSEY** [instagram.com/TheNapMinistry](http://instagram.com/TheNapMinistry)

**SINS INVALID** 10 Principles of Disability Justice [tinyurl.com/DJ10Principles](http://tinyurl.com/DJ10Principles)

**CHRISTINE MISERANDINO** Spoon Theory [butyoudontlookick.com](http://butyoudontlookick.com)

**BOJANA COKLYAT & SHANNON FINNEGAN** Alt-Text As Poetry [alt-text-as-poetry.net](http://alt-text-as-poetry.net)





NOTHING ABOUT US  
WITHOUT US